



# Families of Kids with Mood & Anxiety Disorders, Inc.

*Filling in the gaps for youth mental health*

[www.FamiliesOfKids.org](http://www.FamiliesOfKids.org)

*Serving West Central Florida including Tampa Bay and surrounding areas*

Join us for:

\* **Monthly support gatherings** (2<sup>nd</sup> Sunday monthly from 5-7pm in Tampa)

Visit our website to learn about:

- \* child and teen mental health
- \* how to prepare for a crisis situation
- \* how to advocate for your child's education
- \* what our organization is doing to help families in our community
- \* how to subscribe to our e-newsletter and join our Yahoo group

*We look forward to connecting with you!*

**Families of Kids with Mood and Anxiety Disorders, Inc. is a 501(c)3 organization that supports child and teen mental health** by empowering West Central Florida families through increased community awareness and acceptance programs. We passionately strive to involve the whole community in education, care and support programs to reduce stigma and increase self-confidence so **all** youth may openly be accepted and understood for who they are.

[www.FamiliesOfKids.org](http://www.FamiliesOfKids.org) \* (813) 907-1398 \* [info@FamiliesOfKids.org](mailto:info@FamiliesOfKids.org)